

## PROJET ERASMUS + : « I-YES » -

### *Improve Your Emotional Skills*

## Newsletter n°4

### Summary

- Dissemination seminars
- Training of trainers
- The testing of the intervention program

### Dissemination seminars

The European partners have presented the European I-YES project to all their local partners. Everyone was able to discuss the objectives of the project and the object of our partnership work.

The participants were able to discover and discuss the Report Analysis on the emotional competences of young people and the intervention program created to accompany the development of these skills.

They were able to discover the project website ([www.iyes-project.eu](http://www.iyes-project.eu)) and the platform for mobile activities (<http://elearning.iyes-project.eu>).

### The training of trainers (end of September 2016)

Two to three trainers per partner country were trained in the implementation of the intervention program. The training, which took place in videoconferencing over a week at the end of September 2016, allowed the trainers to meet and discuss the proposed methods.

Based on the results of their study, the Romanian partners presented to trainers the link between the development of emotional skills and the improvement of academic performance. In addition, the Italians presented the different brain functions and their consideration in the design of the intervention program.

The Italian, Greek and German partners presented the three European collective activities which are part of the intervention program and are to be tested from October 2016 to January 2017 in the 6 partner training centres.

A first version of the Mobile Activities Support Platform (<http://elearning.iyes-project.eu>) was presented by the Greek partners, showing some of its potentialities.

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In the last day of the training activity, Portuguese partners presented the methodology for the assessment by trainers and trainees of the I-YES Intervention Program. And the German partners presented the structure of the Handbooks that will be developed in the scope of the project.

### **The testing of the intervention program (From October 2016)**

At the end of the program, our trainers presented the project to the young people who will be involved in the experimental phase of the I-YES project, namely a minimum of 30 young people per country.

A first diagnosis of their emotional competence was made via a self-assessment questionnaire.

Each training centre was thus able to start the intervention program with different groups of young people, namely:

- 3 collective activities ("European") tested in each partner country;
- 3 collective activities ("national") tested by a partner country (6 partner countries \* 3 activities each = 18 activities tested);
- 3 mobile activities (digital platform) tested in each partner country.

The group activities were tested with very positive feedback. The trainees are enthusiastic and eager to carry out future mobile activities.

### **In the next Newsletter: Testing results!**

The Portuguese partners developed the evaluation methodology of the intervention program in order to measure the impact of the program on the emotional competences of the young people participating in the experiment.

The results will be processed in February 2017. The aim will be to improve the program according to the feedback collected of trainees and the trainers in the evaluation.

The results of the study will be presented in June 2017, at a final seminar in France.

From July 2017 afterword, all the materials will be available online so that everyone can take advantage of the tools and use them with his public.