



## Summary

- 1 - Welcome to the European project "I-YES "to improve emotional skills"
- 2 - Project to fight against failure and dropping out of young people through the implementation of an innovative intervention program for the development of social and emotional skills
- 3 - Other beneficiaries of the project
- 4 - Follow us throughout the project ...

## Welcome to the project I-YES!

A new Erasmus + program project for education and vocational training, was born within the European Union.

The project, I-YES "Improve Your Emotional Skills" was born in September 2015. It will last two years, during which six European countries will try to reduce school dropout phenomenon faced by many young people in all EU countries. The fight will lead project partners through a better balance of emotional and personal skills for young people in order to improve their academic performance and, in the longer term, their professional performance. It is important that everyone can fully operate in a varied social environment.

Having an objective look about ourselves is not always easy, and sometimes invasive emotions we feel may clash and destabilize leading to inappropriate behaviour, failure factors (school).

Improving emotional skills is not trivial. Young people aged between 14 and 25 start knowing themselves as much as they discover challenges of school work and behaviour in society for their future working life. Many university researches and studies showed that academic achievement works hand in hand with development of personal behavioural skills such as emotional self-control, relationship development or social consciousness.

Thus, French, German, Portuguese, Greek, Romanian and Italian training institutes gathered around the I-YES project to create tools and methods applicable to all to fight against school failure and, ultimately, reduce youth unemployment rate. Indeed, the project was designed on the basic idea that development of social and emotional skills is fundamental when one takes into account young people's mental health, school learning and motivation. This project is part of the European Erasmus + program for education and training through which the EU funds innovative strategic projects in order to encourage learning and education while strengthening the skills of all, promoting personal development and improving employability ("Europe 2020 strategy" for growth, employment and innovation).

## Implementation of I-YES project

The main objective of the project is to **increase youth performance and better prepare them to enter the labour market.**

To do so, it is to fight against school failure by a genuine commitment of young people to education and training. Thus, the project is testing new methods to improve their ability to manage their social and emotional status and channel their attention on productive tasks. In other words, partners will work to create tools for young people to enable them to manage their emotions and thus maintain a certain degree of motivation.

To achieve the project objectives, the following work will be undertaken:

- ▶ Interviewing teachers / trainers and young people about their emotional and social needs,
- ▶ Creating an intervention program containing group activities and individual activities. These activities will be available via downloadable mobile applications and used by young people individually
- ▶ Testing the newly designed program with young people on each of the partnership areas, and thus collecting feedbacks to improve the developed tools and methods for their distribution and use on a larger scale.

## Target audience of the project

The first public targeted by I-YES project is youth between 14 to 25 years old, particularly (but not exclusively) those from disadvantaged social backgrounds.

The project is designed so that young people are directly involved throughout the process: they will be involved in the work to conduct from beginning to the end of the project that is to say, from design (needs collection) to finalization of the intervention program (evaluation), through its implementation (piloting of beta versions of created tools). Young people will be both actors and beneficiaries of I-YES project in order to personally and individually contribute to the development of tools helping them to evolve and then to find stable employment in their chosen field.

Intermediate beneficiaries will also be involved in the project: they are education and training centres within the partnership which will be the first to test the new developed tools. Finally, education policy makers can follow project progress and its results and thus feed themselves with the conducted experiment or even implement on a larger scale, all or part of I-YES intervention programme.

## To be continued...

On 1st and 2nd December 2015 in Civitale del Friuli (Italy) was officially launched the European project I-YES.

The partners committed then to fulfil all the objectives of the project and to contribute to the success of young Europeans. At this meeting, the partners have agreed about the means to achieve the objectives of the project, about roles and responsibilities of each partner and about the organization of work for the production of deliverables.

To be continued in our next newsletter, the results of the first work carried out with a panel of young Europeans on the one hand, and their trainers / teachers, on the other hand: needs collection including submitting questionnaires and organizing focus groups. This will be done during the second project meeting to be held in early May in Lisbon (Portugal).

See you soon!

## Project European partners



**France:** Institut pour le Développement et la Formation is a training centre existing in Corsica for 25 years. It is involved in vocational education and training to improve professional knowledge and skills, guidance and counseling to individuals  
[www.idf-corse.com](http://www.idf-corse.com)



**Greece:** Best Cybernetics is a private company whose goal is to develop programs on use and application of Information and Communication Technologies (ICT) in the sectors of education, training and business  
[www.bestcybernetics.com](http://www.bestcybernetics.com)



**Germany:** Christliches Jugenddorfwerk Deutschland, gemeinnütziger e.V. is a nationwide organization for youth, education and social work. At more than 150 different locations people in need receive support, care and training. The underlying principle is the Christian concept of the human being, based on the vision 'Let no one fall by the wayside'  
[www.cjd-bbw-frechen.de](http://www.cjd-bbw-frechen.de)



**Romania:** Universitatea Petru Maior is a state institution for higher education and scientific research. UPM offers short-term courses according to the needs of the market. UPM is the largest human resources development centre and higher education in the Targu Mures region.  
[www.upm.ro](http://www.upm.ro)



**Portugal:** Instituto de Soldadura e Qualidade is an independent technological institute founded in 1965. Projects on social inclusion for disadvantaged groups are part of its remit. ISQ is certified for service training and training of trainers  
[www.isq.pt](http://www.isq.pt)



**Italy:** Civiform Società Cooperativa sociale is a training centre offering vocational training qualifications for young people (14-17 years). Civiform also offers continuing education for adults and internships to enable a gradual integration of young people and adults in the labour market.  
[www.civiform.it](http://www.civiform.it)



Erasmus+

This project has been funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



<http://www.iyes-project.eu>  
email: [info@iyes-project.eu](mailto:info@iyes-project.eu)

Project Number: 2015-1-FR01-KA202-013115

# i-YES Project