

## PROJET ERASMUS+: « I-YES » -

### *Improve Your Emotional Skills*

## Newsletter n°6

### Summary

- Testing mobile apps in France:
  - Feedbacks from trainers
  - Feedbacks from trainees
- Reminder: I-YES final seminar!
- Key sentences from trainees

### Testing mobile apps

Here we are !

**Mobile activities** available on I-YES platform (<http://elearning.iyes-project.eu/?lang=fr>) have been tested in France by **27 trainees** and assessed by **3 trainers**.

***Trainers*** liked the content of the modules which, as a reminder, are related to **emotions, communication** and **respect for others**. For each module the trainer provides:

- a user guide,
- a detailed plan,
- a lesson,
- a scenario,
- and several activities to be carried out online.

Trainers noticed that "**plans** are precise, clear and detailed. They are structured, simple and effective. The duration of the activities is judicious and appreciable" for the trainer (even if the timeframe is indicative).

"**Lessons** are structured and well done. They are easy to understand, the language used is simple and the vocabulary is relevant and adapted to young people. "

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*"Scenario are rich, the format of the video is attractive and has aroused the trainees' enthusiasm!"*

- "The scenario about emotions accurately shows the different emotions. It is consistent with the lesson and is quite accessible. "

- "The communication scenario allows young trainees to fully understand the link between communication and the brain."

- "The scenario about respect for the other arouses debate amongst trainees and creates lots of exchanges!"

*"The proposed activities are interesting but sometimes quite difficult. Instructions for the activities are very clear but answers are not necessarily obvious for trainees."*

Trainers have made some suggestions for improving the tool in order to better serve IDF objectives.

According to trainers, **the online platform** which gathers the three mobile apps is *"well done, navigation is easy"*. Moreover, *"creating a short film to explain the platform was a good idea"* (<https://www.youtube.com/watch?v=GbXnDx2ICBo>).

**Trainees** have assessed the tool to help the partnership to make it more in line with youngsters' needs. They assessed the platform design, access and use, the lessons theoretical contents, the activities, the interactions they generated and their general satisfaction about the tool.

They say that **the design** is attractive and that the selected images are appropriate. But for them it is essential to improve the technical aspects and to simplify access and navigation on the platform (there were still some bugs when they tested the platform).

They liked **the theoretical content** that they evaluated as useful, interesting, understandable, appropriate, stimulating and innovative. Indeed for most of them, piloting represented an opportunity to deal with such notions for the first time in their life.

**The proposed activities** are, for most of the trainees, attractive, stimulating and engaging but sometimes difficult to achieve. They felt demotivated due to the difficulty of some activities. It turned out that this was more related to technical bugs than to activities themselves. In general, they have not been able to meet the objectives of online activities. This has largely contributed to an overall average satisfaction of the tool.

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What they appreciated most were **exchanges and interactions** generated by the tool. They felt encouraged to share their ideas and feelings with trainers and colleagues.

All in all, they think that they have improved their understanding of the three proposed themes and that they have developed their emotional skills thanks to I-YES tool!

Each European partner country has piloted the tool. At the end of June, all partners will meet in order to discuss the final feedbacks and to work on future development of the tool. All outcomes will be uploaded online!

#### **Reminder :**

**Project I-YES final European seminar**  
**will take place in Ajaccio (France),**  
**with the participation of our local and European partners,**  
**on June 22<sup>nd</sup> 2017!**

→ Last News: trainers' filmed interview will be broadcasted!

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#### Key sentences from trainees:

"Interesting themes"

"Interesting Topics"

"Rich content"

"Great ! Don't change anything"

"Congratulations! "

"Easy to understand "

"Interesting exchanges"

" Great "

"very interesting "

"This is my first time attending a course on this topic"

"We quickly get involved and want to know more"

"The platform is attractive, it's interesting"

"Easy access to the platform"